

Terms to Know



TERM	DEFINITION
Adaptive Clothing	Specially designed clothing to help make dressing easier.
Adaptive Utensils	Special needs utensils designed to help people eat independently.
Anticipatory Grief	Feeling sad before the loss occurs. Rather than grieving for the person, who is still with you, you may feel grief for the things you won't get to do together in the future.
Clinical Social Worker	Specialized field focusing on the diagnosis, treatment and prevention of mental illnesses and behavioral conditions.
Companion Care	Focuses on daily tasks and activities your loved one may have trouble performing independently.
Elder Care Attorney	Offers guidance and advice on how to plan for the care and financial security of an aging loved one.
Family Mediator	Someone who meets with families to resolve conflict and disputes. Used when families do not agree on a care plan.
Hospice	Medical care for people with an anticipated life expectancy of 6 months or less, when cure isn't an option, and the focus shifts to symptom management and quality of life.
Long Term Care	A wide variety of support services to help people live as independently and safely as possible.
Memory Care	Facility provides specialized residential care for people living with Alzheimer's disease and other forms of dementia.

Terms to Know



TERM	DEFINITION
Nurse's Aide	Perform duties such as monitoring of health status, feeding, bathing, dressing, grooming, toileting, etc.
Nursing Home	A place for people who don't need to be in a hospital but can't be cared for at home.
Occupational Therapy	Uses everyday life activities (occupations) to promote health, well-being, and your ability to participate in the important activities in your life.
Palliative Care	Comfort care with or without treatment of illness. This is different from hospice which offers comfort only.
Physical Therapy	Care provided by physical therapists who promote, maintain, or restore health through patient education, physical intervention, disease prevention, and health promotion.
Primary Care or PCP	Provides both the first contact for a person with an undiagnosed health concern as well as continuing care of varied medical conditions.
Rehabilitation Facility	Rehabilitation of patients with various neurological, musculoskeletal, orthopedic, and other medical conditions following stabilization of their acute medical issues.
Respite Care	A resource for when the caregiver needs a break or extra set of hands to help in their loved one's care.
Transitional Care	The coordination and continuity of health care during a movement from one healthcare setting to another or to home.
Visiting Nurse	AKA a homecare nurse, is a healthcare professional that visits patients in their homes. Beneficial for people who require wound care, medication management, etc.